

## winter/spring 2008 schedule

### ongoing classes

sun	9:00 – 10:30 am	susannah	
	11:00 – 12:00 pm*	susannah	
	4:30 – 6:00 pm	susannah	
mon	12:00 – 1:00 pm	susannah	
	6:00 – 7:30 pm	nancy	🌸 new time
tue	6:00 – 7:30 pm	susannah	🌸 new time
	7:00 – 8:30 am	susannah	🌸 new time
wed	12:00 – 1:00 pm	susannah	
	6:00 – 7:30 pm	nancy	🌸 new time
	6:00 – 7:30 pm	susannah	🌸 new time
thu	6:00 – 7:30 pm	susannah	🌸 new time
fri	12:00 – 1:00 pm	susannah	🌸 new class
	6:00 – 7:30 pm	nancy	
sat	9:00 – 10:30 am	nancy	🌸 new class

### immersions w/susannah

\$325 - \$275 alumni  
mon – fri 7:00 – 9:30 am  
jan 14 – 18  
mar 10 – 14  
may 5 – 9

### new four part series

#### intro to yoga w/nancy

\$80/no drop-in  
sat 11:00 – 12:30 pm  
start dates: feb 2, apr 5, may 31

### new monthly class

#### yin yoga w/jennifer

\$35 adv / \$90 3 or more / \$45 drop-in  
sat 4:00 – 6:00 pm  
jan 5, feb 2, mar 2, apr 5

### new

#### saturday workshops & series

get details - sign up - see website

### class fees

\$20 one class  
\$10 child (under 16)

### series

90 min      60 min

\$96/6      \$87/6

\$180/12      \$162/12

series valid 8 weeks  
no extensions, refunds, transfers

### private lessons

\$100/hr or  
\$425/5 valid 6 weeks

### new students

\$25/2 classes  
purchase on first visit

\*this class for beginners; all other classes all levels beginners welcome

all fees pay teacher directly cash or check to teacher

